

# Commonwealth of Virginia Retiree Health Benefits Program

Annual Premium Rate Notification Materials for Medicare-Eligible Participants Enrolled in Extended Coverage Plan

## This Rate Notification Booklet includes:

•	Your 2017 Premium CostPage 1
-	Your 2017 BenefitsPage 2
	✓ INCREASE IN ANNUAL MAXIMUM DENTAL BENEFIT!
•	Your Options for 2017Page 5  ✓ No action is required if you continue to be eligible and want to keep your current plan.
•	Other Important Retiree Program Information Page 6
•	State and Local Health Benefits Programs Nondiscrimination NoticePage 8
•	Language Assistance ServicesPage 9

<u>DISTRIBUTION</u>: Only Enrollees (Retirees, Survivors and Long-Term Disability Participants) will receive this package. Medicare-eligible covered family members will not receive annual premium rate notification materials directly, even if they have individual ID numbers. This means that Enrollees must share this information with their Medicare-eligible covered family members. Only Enrollees can request coverage changes for covered family members. If you are an Enrollee who is not eligible for Medicare but you are covering a Medicare-eligible family member, you are receiving this package due to the Medicare-eligible family member covered through your eligibility.



# **COMMONWEALTH OF VIRGINIA**

SARA REDDING WILSON DIRECTOR

## DEPARTMENT OF HUMAN RESOURCE MANAGEMENT

James Monroe Building 101 N. 14<sup>th</sup> Street Richmond, Virginia 23219

To: State Retiree Health Benefits Program Extended Coverage Enrollees Eligible

For Medicare

From: Office of State and Local Health Benefits Programs

Date: November 4, 2016

## Important Information Regarding Your Health Benefits

This notification booklet includes information about coverage for Medicare-eligible participants in 2017.

## **Your Premium Cost 2017**

# How much is my health plan premium for 2017 ?

Plan	January 1, 2017 Premium
Advantage 65	\$317
Advantage 65 + Dental/Vision	\$350
Advantage 65—Medical Only	\$156
Advantage 65—Medical Only + Dental/Vision	\$189

All State Medicare-coordinating plan medical (including hearing), dental and routine vision benefits are administered by Anthem Blue Cross and Blue Shield. For plans that include prescription drug coverage (all but the Advantage 65—Medical Only Plans), the drug benefit is administered by Express Scripts and is an enhanced Medicare Part D plan.

Since retiree group participants pay the full cost of their health plan coverage in the State Retiree Health Benefits Program, premiums are based on the amount that must be paid by all participants in order to fund the costs of the program, most of which are participants' claim expense. For 2017, the increase is due to higher prescription drug costs (increase of \$19 per month). There were minimal increases in dental and vision, and the Medicare supplemental coverage premiums did not change

## Can my income affect the cost of Medicare Part D?

Beneficiaries with incomes above a level set by Medicare may have to pay a higher cost for Part D prescription drug coverage. You will be notified by Social Security if this applies to you. Any income-related adjustment will be collected through your Social Security or equivalent benefit and **not** as a part of your Commonwealth of Virginia Retiree Health Benefits Program premium.

Your income can also affect the cost of your Part B medical coverage. Consult your "Medicare and You" 2017publication which has more information about the cost of Medicare Part B and Part D.

# When will I begin paying my new 2017 premium?

The new premium for 2017 will be reflected in your December 2016 billing statement for your January premium.

## Your 2017 Benefits

# Will my medical benefits change for 2017 ?

The Medicare supplemental and any other medical benefit under an Advantage 65 plan will not change for 2017.

Consult your "*Medicare and You*" 2017 publication to determine if there are any changes to your primary Medicare coverage for 2017.

# Will my dental and vision benefits change for 2017?

For those enrolled in the dental/vision option, there will be no change in your vision benefits for 2017, but for your dental coverage, **your maximum annual benefit will be increased from \$1,500 to \$2,000 starting January 1, 2017.** This does not affect the amount paid for individual services, but it does allow coverage for more services.

## Will my prescription drug benefits change for 2017?

(Participants in Advantage 65 – Medical Only plans may skip this section and move to page 5, "Your Options for 2017.")

If you choose to maintain prescription drug coverage under the state program's enhanced Medicare Part D plan (Express Scripts Medicare), be sure to review the following updates for 2017:

Formulary/Drug List (your list of covered drugs) — As a part of your Annual Notice of Changes (ANOC), which you will receive separately, Express Scripts Medicare will provide all participants with a new formulary (your list of covered drugs) for 2017. It is important to check your formulary to see if any of the drugs you are currently taking are no longer covered in 2017, have changed copayment/coinsurance tiers, or have any new coverage restrictions. If you are taking a drug that is not currently covered, check to see if it is covered for 2017. If you are taking a drug that will experience a negative formulary change (such as moving to a higher cost-sharing tier or being removed from the formulary), you will also be notified by Express

Scripts Medicare separately before the end of 2016. If you are unable to find your drugs in your new formulary, contact Express Scripts Medicare at 1-800-572-4098 starting November 1 for assistance. The Commonwealth of Virginia Retiree Health Benefits Program's Medicare Part D plan does not normally cover drugs that are excluded by Medicare.

Starting January 1, 2017, you may also go to <a href="www.Express-Scripts.com">www.Express-Scripts.com</a> for complete formulary information. Registration is required if you have not done so previously.

Certain changes can be made to the formulary during the year, as approved by Medicare, such as adding to or removing drugs from the formulary; adding prior authorizations, quantity limits and/or step therapy restrictions to a drug; or, moving a drug to a higher or lower cost-sharing tier. Generally, however, if drugs are removed, coverage limitations are imposed, or a drug is moved to a higher cost-sharing tier during the year (after January 1) and you were already taking the drug on January 1, you will be permitted to continue taking that drug at the same level of cost-sharing for the remainder of the plan year. Exceptions would include drugs replaced with generic equivalents or changes as a result of new information on a drug's safety or effectiveness. In those cases, you may be affected by the change during the plan year.

Your formulary includes additional information regarding your plan. The Centers for Medicare and Medicaid Services has reviewed and approved your formulary.

## **Four Coverage Stages**

There are some changes to this plan's coverage stages for 2017 as described below by tier. Be sure to review the limits and benefits of each stage so that you understand your coverage.

<u>Deductible Stage</u> – Your annual outpatient prescription drug deductible will increase to **\$400** in 2017. This means that you will pay the full cost of any covered brand-name drug until you have paid \$400 out-of-pocket. Covered generics continue to be excluded from any deductible.

<u>Initial Coverage Stage</u> –There are no changes in copayments and coinsurance for each cost-sharing tier for 2017. Once your deductible has been met for covered brand drugs (and immediately for covered generics), your copayments/coinsurance will remain as follows until your total covered drug cost reaches \$3,700.

Initial Coverage Stage - Covered Tier 1 (generic) Drugs	2017 Copayment
Per one-month (up to 34-day) supply at a retail network pharmacy	\$7
Per up to a 90-day supply through the home delivery service	\$7

Initial Coverage Stage - Covered Tier 2 (preferred brand) Drugs	2017 Copayment
Per one-month (up to 34-day) supply at a retail network pharmacy	\$25
Per up to a 90-day supply through the home delivery service	\$50

Initial Coverage Stage - Covered Tier 3 (non-preferred brand) Drugs	2017 Coinsurance
Per one-month (up to 34-day) supply at a retail network pharmacy	You pay 75%
Per up to a 90-day supply through the home delivery service	You pay 75%

#### Initial Coverage Stage - Covered Tier 4 (specialty) Drugs 2017 Coinsurance

Per one-month (up to 34-day) supply at a retail network pharmacy	You pay 25%
Per up to a 90-day supply through the home delivery service	You pay 25%

<u>Coverage Gap Stage</u> – Once your total drug cost (the amount paid by you and the plan) exceeds \$3,700, you move from the Initial Coverage Stage into the Coverage Gap Stage, and the way that your claim is paid changes. You get the benefit of the Medicare Coverage Gap Discount Program, which pays 50% of the cost of any covered brand drug manufactured by a program participant. This means that:

- Plan costs are further reduced by the discount.
- The amount that participants pay in copayment/coinsurance PLUS the amount paid by the discount program will count toward reaching the Catastrophic Coverage Stage.
- If the balance of the drug cost after the discount is less than the coinsurance due based on the coverage tier of the drug, you will pay less than you paid in the Initial Coverage Stage.

Health Care Reform requires that in 2017, beneficiaries pay no more than 40% of the cost of brand drugs in the Coverage Gap Stage. While generic drugs are not a part of the Medicare Coverage Gap Discount program, your cost for generic drugs will be no more than 51% in this stage. In most cases, this plan provides a greater benefit.

<u>Catastrophic Coverage Stage</u> – In 2017, if your annual true out-of-pocket drug expense (including deductible, copayments, coinsurance, and the contribution from the Medicare Coverage Gap Discount Program, but not including the cost of non-covered or excluded drugs) reaches \$4,950, you will pay the greater of either 5% coinsurance or a copayment of \$3.30 (generics or drugs treated as generics) or \$8.25 (brand-name drugs). You will remain in this stage for the remainder of the year.

<u>Express Scripts Mobile App-</u> You can manage your prescriptions using your mobile device by registering for the Express Scripts Mobile App. Go to <u>Express-Scripts.com</u> or your mobile's app store to register. More information will be included in your *Prescription Drug Member Handbook Insert* that will be mailed separately.

<u>Your Medicare Explanation of Benefits (EOB)</u> – To help you track your coverage stages, you will receive an EOB directly from Express Scripts for any months during which you use your benefit.

Notice of Creditable Coverage – The outpatient prescription drug coverage that is available through the State Retiree Health Benefits Program to its Medicare-eligible retiree group participants is a Medicare Part D plan and, therefore, creditable coverage. As such, a Notice of Creditable Coverage is not required. However, beneficiaries will not have to pay a higher premium for any period during which they are enrolled in this plan if they decide later to enroll in other Medicare Part D coverage, as long as there is not a break in creditable coverage of 63 or more days.

<u>Enrolling in Part D Plans Outside of the State Program</u> – Your enrollment in Medicare prescription drug coverage outside of the state program will result in your disenrollment from the state program's Medicare Part D plan. If you do not notify the state program of your other election, Medicare will do so. Once you have enrolled in Medicare Part D coverage outside of the state program, you may not re-enroll in the state program's Part D plan.

Enrollment in the state's enhanced Medicare Part D plan for outpatient prescription drug coverage must be approved by the Centers for Medicare and Medicaid Services. The State Retiree Health Benefits Program must remove prescription drug coverage from the plan of any participant whom Medicare has advised is not eligible for coverage. This could be due to conflicting coverage in another Medicare Part D plan, loss of eligibility for Medicare, or any reason that is determined by Medicare. If Medicare disenrolls you from the state program's Medicare Part D plan, you will be moved to the corresponding Advantage 65—Medical Only Plan.

# Is the state program's prescription drug coverage the best plan for me?

That's a question that only you can answer, but be a good consumer and investigate other Medicare prescription drug plan options for 2017. Compare premium cost and benefits to ensure that you are selecting the best plan to meet your individual needs. The Medicare Annual Coordinated Election Period that runs from October 15 through December 7 is a good time to review your current coverage and compare it to other available options.

Resources available to help you review your options include:

- Call 1-800-MEDICARE or go to <u>www.medicare.gov</u> for information about other Medicare prescription drug coverage or Medicare health plan options.
- Contact the Virginia Department for the Aging Insurance Counseling and Assistance Program (VICAP) at 1-800-552-3402 for assistance with selecting an available plan outside of the state program. If you live outside of Virginia, resources in your state are listed in your Express Scripts Medicare Evidence of Coverage.

If you find a prescription drug plan that better meets your needs, you can drop your state program coverage prospectively at any time by selecting a medical-only plan. However, once you leave the state program's Medicare Part D plan, you may not return.

# Your Options for 2017 - What You Need To Do

If you wish to maintain your current plan, no action on your part is necessary. If you continue to be eligible, your new monthly premium for your current plan will automatically be billed.

**If you wish to make an allowable plan change in 2017,** you must request the change by taking the following action:

• Obtain an Extended Coverage Change Form from your Benefits Administrator (see page 7), or from the web at www.dhrm.virginia.gov and submit your request to your Benefits Administrator.

Allowable changes will be effective the first of the month after the request is received per program policy. The following options are available:

- You may keep your current benefit plan as long as you remain eligible (no action required).
- You may make a plan change as follows:

- o If you currently have the state program's Medicare Part D plan, you may elect Medical-Only coverage (no outpatient prescription drug coverage). If you drop your prescription drug coverage, you may not elect Medicare-coordinating prescription drug coverage through the state program for the remainder of your extended coverage period.
- If you have not previously elected the Dental/Vision option, you may add Dental/Vision coverage one time and terminate it one time. Once you have terminated Dental/Vision coverage, you may not add it again.

# Other Important Retiree Program Information

# As a Medicare Beneficiary, will my benefits change due to the introduction of the Health Insurance Marketplace?

You have probably heard about the Health Insurance Marketplace, which is a key part of the Affordable Care Act. Regardless of how you get Medicare (Original Medicare or a Medicare Advantage Plan), you still have the same Medicare benefits you have now, and you won't have to make any changes. If you want additional information about the Marketplace, visit www.HealthCare.gov.

## Can I enroll in a Medicare Advantage Plan?

The state program's Medicare-coordinating plans specifically exclude services or supplies that are received through Medicare Advantage Plans, so enrolling in a Medicare Advantage Plan, if allowed by Medicare, will generally result in loss of benefits under the state program's Medicare-coordinating plans. State program participants may terminate their state program Medicare-coordinating coverage prospectively at any time (no return to the program). If you wish to enroll in a Medicare Advantage Plan, consider cancelling your coverage in the state program. (This would also result in termination of any covered family members.) If you enroll in a Medicare Advantage Plan and do not cancel your state coverage, consider carefully whether you wish to continue paying for coverage that may provide minimal, if any, medical benefits. In some cases, enrollment in a Medicare Advantage plan or other Medicare supplemental coverage could conflict with your state program enrollment. Also, if your other plan includes prescription drug coverage, it will likely result in your disenrollment from the state program's Medicare Part D plan (no re-enrollment allowed). *Please note that the Advantage 65 Plans are not Medicare Advantage plans.* 

A new plan year and Medicare enrollment period are good times to review all plan options available to you as a Medicare beneficiary. There could be a plan outside of the state program that better meets your needs, either in types of benefits, cost levels or both. However, be sure that you understand the impact of enrolling in other plans if you still want to keep your state plan coverage. Some things to think about and compare include:

- Premium cost
- Benefits
- > Out-of-pocket expenses such as deductible, copayments, or coinsurance
- > Drugs covered on the plan's formulary (are your drugs covered?)
- > Coverage in the gap or "donut hole" (have you ever had enough total drug cost to reach the donut hole?)

Use the resources listed on page five to help you make a choice that meets your individual needs. If you have questions about Medicare's rules for conflicting coverage, please contact Medicare.

## Will I get a new ID card for 2017?

If you maintain your coverage in the Express Scripts Medicare Prescription Drug Plan for 2017, you will receive a new ID card before January. You may continue to use your current Anthem ID card for Medicare supplemental, dental, vision and hearing services

## Will I get a new Member Handbook for 2017?

A new 2017 Medicare-Coordinating Plans Member Handbook and associated inserts will be mailed in 2017. Publication of the 2016 Member Handbook was delayed, but your 2016 Annual Notification Booklet along with your previous handbook, inserts and amendments include all 2016 benefits.

## What resources are available for information about the State Retiree Health Benefits Program?

In addition to your Benefits Administrator and your Member Handbook (and applicable insert/s), there are many resources available at the Department of Human Resource Management's web site to provide information to retiree group participants about their State Retiree Health Benefits Program coverage.

Go to http://www.dhrm.virginia.gov/hbenefits/retirees/medicareretiree.html.

# What happens if I fail to pay my premium?

Plan participants are responsible for timely payment of their monthly premiums (either through retirement benefit deduction or by direct payment to the billing administrator). Monthly premiums that remain unpaid for 31 days after the due date will be processed for termination of coverage. Once an Enrollee and his/her family members have been terminated for non-payment of premiums, re-enrollment in the program is at the discretion of the Department of Human Resource Management.

Direct-bill participants may enroll for automatic deduction of their monthly premium from their bank accounts and may make online check payments. Contact Anthem for more information. Participants are responsible for understanding their premium obligation and for notifying the program within 60 days of any qualifying mid-year event that affects eligibility and/or membership level. Premium overpayments due to failure of the Enrollee (Retiree, Survivor, LTD Participant) to advise the program of membership reductions may result in loss of the overpaid premium amount.

## What should I do if my address changes?

Was this package forwarded to you from an old address? If so, be sure to contact your Benefits Administrator immediately to make an address correction. Failure to update your address can result in missing important information about your health benefits program. The Department of Human Resource Management will not be responsible for information that participants miss because their address of record has not been corrected. The Department's only means of communicating important information to retiree group enrollees is through the mail. Please let your Benefits Administrator know when you move!

## How can I get information about HIPAA Privacy Protections?

The Office of Health Benefits Notice of Privacy Practice describes how the health plan can use and disclose your health information and how you can get access to this information. Participants can obtain a copy of the privacy notice at <a href="https://www.dhrm.virginia.gov">www.dhrm.virginia.gov</a>.

## Who is my Benefits Administrator?

As an extended coverage participant, your Benefits Administrator is:

The Department of Human Resource Management Extended Coverage Administrator 1-888-642-4414 www.dhrm.virginia.gov

# State and Local Health Benefits Programs Nondiscrimination Notice

## Commonwealth of Virginia's Health Benefits Programs Nondiscrimination Notice

The State and Local Health Benefits Programs of the Department of Human Resource Management (the "Health Plan"), sponsored by the Commonwealth of Virginia (the "Commonwealth") complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. The Plan does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

#### The Plan:

- Provides free aids and services to people with disabilities to communicate effectively with us, such as:
- Qualified sign language interpreters
- Written information in other formats (such as large print, audio, accessible electronic formats)
- Provides free language services to people whose primary language is not English, such as:
- Qualified interpreters
- o Information written in other languages

If you need these services, contact the Office of Health Benefits Programs.

If you believe that the Plan has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with:

Office of Health Benefits Programs
Department of Human Resource Management
101 North 14th Street – 13th Floor
Richmond, Virginia 23219-3657
Please mark the envelope - Confidential

To use email, send your complaint to appeals@dhrm.virginia.gov

To use facsimile, fax your complaint to 804-786-0356.

You can file a grievance in person or by mail, fax, or email. If you need help filing a grievance, the Office of Health Benefits Program is available to help you.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf, or by mail or phone at:

U.S. Department of Health and Human Services 200 Independence Avenue, SW Room 509F, HHH Building Washington, D.C. 20201 1-800-368-1019, 800-537-7697 (TDD)

Complaint forms are available at http://www.hhs.gov/ocr/office/file/index.html.

## LANGUAGE ASSISTANCE SERVICES:

ATTENTION: If you need help in the language you speak, language assistance services are available to you free of charge. Send your request for language assistance to appeals@dhrm.virginia.gov or fax to 804-786-0356.

The Commonwealth of Virginia's State and Local Health Benefits Programs (the "Health Plan") complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. Our Nondiscrimination Notice lists the services available and how to file a complaint if you feel that the Health Plan has failed to provide these services or discriminated in another way.

## Spanish:

ATENCIÓN: Si necesita ayuda en el idioma que habla, servicios de asistencia lingüística están a su disposición de forma gratuita. Envíe su solicitud de asistencia lenguaje para appeals@dhrm.virginia.gov~~V o por fax al 804-786-0356.

La Comunidad de salud estatales y locales de Virginia Programas de Beneficios (el "Plan de Salud") cumple con las leyes federales aplicables de derechos civiles y no discrimina por motivos de raza, color, origen nacional, edad, discapacidad, o sexo. Nuestro Aviso de No Discriminación enumera los servicios disponibles y cómo presentar una queja si considera que el Plan de Salud no ha podido proporcionar estos servicios o discriminado de otra manera.

#### Korean:

주의: 당신이 말하는 언어로 도움이 필요한 경우, 언어 지원 서비스를 무료로 당신에게 사용할수 있습니다. 804-786-0356에 언어 appeals@dhrm.virginia.gov~~V하는 지원이나 팩스에 대한 요청을 보냅니다.

버지니아 주 및 지방 보건의 커먼 웰스는 프로그램 (이하 "건강 보험")는 해당 연방 민권법을 준수하며 인종, 피부색, 출신 국가, 연령, 장애, 또는 성별에 근거하여 차별하지 않습니다 혜택. 우리의 무차별주의를 사용할 수 방법은 건강 보험이 이러한 서비스를 제공하는 데 실패하거나 다른 방법으로 차별했다고 생각되면 불만을 제기하는 서비스를 나열합니다.

## Vietnamese:

Chú ý: Nếu bạn cần giúp đỡ trong ngôn ngữ bạn nói, các dịch vụ hỗ trợ ngôn ngữ có sẵn cho bạn miễn phí. Gửi yêu cầu để được hỗ trợ ngôn ngữ để appeals@dhrm.virginia.gov~V hoặc fax 804-786-0356. Khối thịnh vượng chung của Nhà nước và địa phương sức khỏe của Virginia lợi Programs (các "Health Plan") phù hợp với luật dân quyền liên bang áp dụng và không phân biệt đối xử trên cơ sở chủng tộc, màu da, nguồn gốc quốc gia, tuổi tác, khuyết tật, hoặc quan hệ tình dục. Thông báo Không Kỳ của chúng tôi liệt kê các dịch vụ sẵn có và làm thế nào để nộp đơn khiếu nại nếu bạn cảm thấy rằng Kế hoạch Y tế đã thất bại trong việc cung cấp các dịch vụ hoặc phân biệt đối xử theo một cách

## Chinese:

注意:如果你需要在你講的語言幫助,語言協助服務提供給您免費。發送您的語言協助appeals@dhrm.virginia.gov~~V或傳真至804-786-0356請求。

弗吉尼亞州和地方衛生聯邦福利項目(下稱"健康計劃"),適用的聯邦民權法的規定和種族,膚色,國籍,年齡,殘疾,或性的基礎上不歧視。我們的非歧視通知列出了可如何,如果你覺得健康計劃未能提供這些服務或以其他方式歧視提出申訴的服務。

#### Arabic:

ة التي يتكلم، تتوفر لك خدمات المساعدة اللغوية مجانا إرسال تنبيه: إذا كنت بحاجة إلى مساعدة في اللغ

. 786 - 0356 - أو الم ساعدة له غة إلى V~vog.ainigriv.mrhd@slaeppa - الم ساعدة له غة إلى عاكس إلى عالم

ولاية فيرجيذيا كومنولث في الدولة والمحلية الفوائد الصحية برامج) "خطة الصحة" (يتوافق مع دية في المدينة المدينة

المدنية ولا تميز على أساس العرق أو اللون أو الأصل القومي أو السن أو الإعاقة، أو الجنس يسرد لناعدم المدنية ولا تميز على أساس المعرق أو الاحظال خدمات

الم تاحة وكي فية تقديم شكوى إذا كنت تشعرب أن خطة الصحة فشلت في توفير هذه الخدمات أو التمييز في طريقة أخرى.

#### Persian:

وجه: اگر شمانی باز به که مک در زبان شما صحبت می که نند، خدمات که مک زبان در د سوترس شما هستند ت رایگان می باشد. ارسال

لا به 408 - 336 - 786 - 100 ك مك به به زبان  $V \sim vog.ainigriv.mrhd @slaeppa يا ف كس به 408 - 786 - 786 - 100 ال مثر ترك الم نافع ايال تى و محلى به هدا شت ويرجي نيا مزاياى برنامه ال قباطم) "نامرد و تشاده <math>v \sim vog.ainigriv.mrhd = 100$  مثر الم نافع ايال تى و محلى به هدا شت ويرجي نيا مزاياى برنامه وقت مدنى قواند من في درال حقوق مدنى الم توقع مدنى الم ت

قابل اجرامی کندوبر اساس نژاد، رنگ پوست، ملیت، سن، معلولیت ویارابطه جنسی قائل نمی شود. توجه عدم تبعیض ما

ل یست خدمات در د سور سور چگونه به شکایت اگر شما احساس می که نید که برنامه بهدا شور موفی ق به ارائه یون خدمات و یا تا بعیضا یون خدمات و یا تا بعیضا در راه دید گری در راه دید گری در باه دید که در باه دید گری در باه دید گری در باه دید که در با در باه دید که در با در باید که در با داد که در با داد که در باید که در با در با داد که در با داد که در با داد که در با در با در با داد که در با در با داد که در

#### Amharic:

አዳምጥ: አንተ የሚናገሩት ቋንቋ እርዳታ የሚፈልጉ ከሆነ, የቋንቋ እርዳታ አገልግሎቶች ከክፍያ ነፃ ለእርስዎ የሚገኙ ናቸው. 804-786-0356 ቋንቋ appeals@dhrm.virginia.gov~~V እርዳታ ወይም በፋክስ ጥያቄዎን ይላኩ.

የቨርጂኒያ ግዛት እና የአካባቢ ጤና ኮመንዌልዝ ፕሮግራሞች (የ "የጤና ዕቅድ") A ግባብነት ያላቸውን የፌዴራል ሲቪል መብቶች ሕንች ጋር መጣጣጣቸውን እና በዘር, በቀለም, በብሄር, በእድሜ, በአካል ጉዳት, ወይም የወሲብ መሠረት ላይ ዝቅ አድርን አይመለከትም Benefits. የእኛ ድልዎ ጣስታወቂያ የሚገኝ እና እንዴት የጤና እቅድ እነዚህን አገልግሎቶች ለመስጠት አልተሳካም ወይም በሌላ መንገድ ውስጥ አድልዎ እንደሆነ የሚሰጣህ ከሆነ ቅሬታ ለጣቅረብ አገልግሎቶች ይዘረዝራል.

#### Urdu:

اگر آپ : اگر آپ زب ان م یہ ں مدد درک ار ہے ت و، زب ان ک ی مدد ک ی خدمات م ف ت ک ے ان چارج ت وجہ توجہ: آپ ک و

408 سک ی ف 356-0356 سک ی نے 186-0356 سک ی ف 186-0356 سک ی ف 186-0356 سک ی ف 196-0356 سک ی نے اب ہ یہ ں . زب ان 20 سک ی ف 2786-0356 سک ی نے آپ ل

کی در خواست به یجیں.

ت کی دول ت م ش ترکه ه فوائ د پروگ رام ("صحت کی من ورجی نیاکی یری است اور مقامی صحص کی دول د پروگ رام ("صحت کی من ورجی نیاک یری است اور مقامی صحب ه

ب د دی ") ق اب ل اطلاق وف اق ی شہری ح قوق ک ے ق وان یہ ن ک ے مطاب ق ہے اور ن سل، ر نگ، ق و م یہ ت، عمر، ی معذوری، ی ا ج د س ک ی ب ن یہ اد پ ر ت ف ری ق ن ہ یہ ں ک رت ا ب ہمارا عدم ام ت یہ از ن وٹ س د س ت یہ اب اور ک سے معذوری، ی ا ج د س ک ی ب ن یہ اد پ ر ت ف ری ق ن ہ یہ ں ک رت ا بہمارا عدم ام ت یہ از ن وٹ س د س ت یہ اب اور ک سے

ش کہ ای ت درج ک رن ہے ک ہے ل ۂ ہے آپ مح سوس ک رت ہے ہ یہ ں ک ہ صحت ک ی م ن صوب ہ ب ذ دی ان ک ی خدمات ف راہ م

ک رن ے میں ن اک ام رہے ہیں ی اک سی اور طرح سے امتیازی س اوک کیا گیا ہے تو خدمات کی ف ہر ست

₁ \_\_ ،،

#### French:

ATTENTION: Si vous avez besoin d'aide dans la langue que vous parlez, les services d'assistance linguistique sont à votre disposition gratuitement. Envoyez votre demande d'assistance linguistique pour appeals@dhrm.virginia.gov~~V ou par télécopieur au 804-786-0356.

La Communauté d'État et des collectivités locales de la santé de la Virginie Avantages Programmes (le «régime de santé») est conforme aux lois fédérales relatives aux droits civils applicables et ne fait pas de discrimination sur la base de la race, la couleur, l'origine nationale, l'âge, le handicap ou le sexe. Notre Nondiscrimination Avis répertorie les services disponibles et la façon de déposer une plainte si vous estimez que le plan de santé a omis de fournir ces services ou victimes d'une autre manière.

## Russian:

ВНИМАНИЕ: Если вам нужна помощь на языке вы говорите, переводческие услуги доступны бесплатно. Отправьте запрос о помощи языка к appeals@dhrm.virginia.gov~~HEAD=pobj~~V или по факсу 804-786-0356.

Содружество государственного управления и местного здравоохранения Вирджинии Преимущества программы ( "План здоровья") соответствует действующим федеральным законам о гражданских правах и не допускать дискриминации по признаку расы, цвета кожи, национального происхождения, возраста, инвалидности или пола. Наш Недискриминации Примечание перечислены доступные услуги и как подать жалобу, если вы чувствуете, что план здравоохранения не в состоянии обеспечить эти услуги или дискриминации по-другому.

#### Hindi:

ध्यान दें: आप भाषा बोलते हैं आप में मदद की जरूरत है, भाषा सहायता सेवाओं के प्रभार से मुक्त आप के ललए उपलब्ध हैं। appeals@dhrm.virginia.gov~~V करने के ललए या फैक्स भाषा सहायता 804-786-0356 करने के ललए आपके अन्रोध भेजें।

वजीननया के राज्य और स्थानीय स्वास््य के राष्ट्रमंडल लाभ काययक्रम ("स्वास््य योजना") लागू संघीय नागररक अधधकारों के कानून के अनुरूप है और जानत, रंग, राष्ट्रीय मूल, आयु, ववकलांगता, या ललंग के आधार पर भेदभाव नहीं करता। हमारे nondiscrimination सूचना उपलब्ध है और कैसे एक लिकायत दजय करने के ललए अगर आपको लगता है कक स्वास््य योजना इन सेवाओं को प्रदान करने में ववफल रहा है या ककसी अन्य तरह से भेदभाव ककया गया है सेवाओं की सूची है।

#### German:

ACHTUNG: Wenn Sie in der Sprache sprechen Sie Hilfe benötigen, die Sprache Hilfeleistungen zur Verfügung stehen Ihnen kostenlos zur Verfügung. Senden Sie Ihre Anfrage für sprachliche Unterstützung zu appeals@dhrm.virginia.gov~~V oder Fax an 804-786-0356.

Die Commonwealth of Virginia staatlichen und lokalen Nutzen für die Gesundheit Programme (das "Health Plan") mit den geltenden Bundesbürgerrechte Gesetze erfüllt und keine Diskriminierung auf der Grundlage von Rasse, Hautfarbe, nationaler Herkunft, des Alters, einer Behinderung oder Geschlecht. Unsere Nondiscrimination Hinweis listet die verfügbaren Dienstleistungen und wie eine Klage einreichen, wenn Sie das Gefühl, daß der Gesundheitsplan hat es versäumt, diese Dienste zur Verfügung zu stellen oder in einer anderen Art und Weise diskriminiert.

#### Bengali:

দৃষ্টি আকর্ষণ: আপষ্টি ভার্া আপষ্টি কথা বলতে সাহায্য প্রত াজি হ ,োহতল ভার্া সহা ো সসবা ষ্টিখরচা আপার জিয উপলব্ধ. appeals@dhrm.virginia.gov~~V অথবা ফ্যাক্ষ ভার্া সহা ো 804-786-0356 করার জিয আপার অুতরাধ পাঠাি.

ভাষ্টজষষ্টি া রাজয এবং স্থািী স্বাস্থ্য কমিওত লখ সুষ্টবধাষ্টদ সপ্রাগ্রাম ("স্বাস্থ্য পষ্টরকল্পি") প্রত্যাজয় সম্ভাতরল িাগষ্টরক অষ্টধকার আহি সমতি চতল এবং জাষ্টে, রঙ, জােী উৎপষ্টি, ব স, অ🛭 মো, বা

ষ্টলতের ষ্টভষ্টিতে ববর্ময িা. আমাতদর আতবদি গ্রহণ সািটিশ পাও া য্া এবং ষ্টকভাতব একটি অষ্টভত্য্াগ দাত র করতে যষ্টদ মতি কতরি সয্ স্বাস্থ্য পষ্টরকল্পি এই সসবা প্রদাি করতে বযথ্য হত তে অথবা অয় সকাতাি উপাত ববর্ময কতরতে সসবা প্রদশ্যি করা হ .

## Bassa:

Dè dε nìà kε dyédé gbo: Ͻ jǔ ké m̀ [Ɓàsớò-wùdù-po-nyò] jǔ ní, nìí, à wudu kà kò dò po-poòbéìn m̀ gbo kpáa. Đá 804-786-0353.

The Commonwealth of Virginia's State and Local Health Benefits Programs (the "Health Plan") Nyo δěὲkpɔ̃nyoŭn-dyù gbo-gmò-gmà δěòdyi ké wa ní ge nyoǔn-dyù mú dyììn dé δódó-dù nyoòsò kõε mú, moo kà nyoòdyoò-kù nyu nìὲkε mú, moo δódó δέnyoòsòkõε mú, moo zɔ̃jī kà nyoò dǎ nyuɛ mú, moo nyoòmɛ kódyíɛ mú, moo nyoòmɛ mògàa, moo nyoòmɛ mòmàa kɛɛ mú.

## Igo (Igbo):

Ntị: Q bụrụ na i chọrọ enyemaka na asụsụ i na-asụ, asụsụ aka oru dị ka i n'efu. Send gi aririọ maka asụsụ aka appeals@dhrm.virginia.gov~V ma o bụ faksi ka 804-786-0356.

The Commonwealth of Virginia si State na Obodo ike uru Programs (the "Health Plan") complies na odabara Federal ruuru iwu na adighi akpa ókè na ndabere nke agburu; ucha akpukpo, mba o, afo, nkwaru, ma o bu mmekoahu. Anyi Nondiscrimination Riba ama Nsuso na oru di na otú igba akwukwo ma o buru na i na-eche na Health Plan nke na-emezughi na-enye oru ndi a ma

#### Yoruba:

Akiyesi: Ti o ba nilo iranlowo ninu ede ti o soro, ede iranlowo işe ni o wa wa si o free ti idiyele. Fi ibéèrè re fun ede iranlowo to appeals@dhrm.virginia.gov tabi Faksi to 804-786-0356.

The Commonwealth of Virginia ká State ati Agbegbe Health Anfani Eto (awon "Health Eto") complies pelu wulo Federal ilu awon eto ofin ati ki o ko soto lori ilana ti ije, awo, orile-Oti, ojo ori, ailera, tabi ibalopo. Wa Nondiscrimination Akiyesi awon akojo ti awon işe wa ati bi lati faili kan edun ti o ba lero wipe Health Eto ti kuna lati pèsè àwon ìpèsè wonyí tabi obo ni ona miiran.

## Filipino:

Pansin: Kung kailangan mo ng tulong sa wikang nagsasalita ka, serbisyo ng tulong sa wika ay magagamit sa iyo nang walang bayad. Ipadala ang iyong kahilingan para sa tulong sa wika upang appeals@dhrm.virginia.gov~V o fax sa 804-786-0356.

Ang Komonwelt ng Virginia Estado at Lokal na Health Benefits Programs (ang "Health Plan") ay sumusunod sa mga naaangkop na mga Pederal na batas sa mga karapatang sibil at hindi maaaring makita ang kaibhan sa batayan ng lahi, kulay, bansang pinagmulan, edad, kapansanan, o sex. Ang aming Walang Diskriminasyon Notice ay naglilista ng mga serbisyo na makukuha at kung paano maghain ng reklamo kung sa palagay mo na ang Health Plan ay nabigo upang magbigay ng mga serbisyo o discriminated sa ibang paraan.

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